



FOUNDATION

Choices  
International



## GIRLS' DEVELOPMENT PROGRAMME CHELSEA FC FOUNDATION

Chelsea FC Women is one of the most successful and well-known soccer team in the United Kingdom and have won the Super League and FA Women's club in 2018. We are pleased to offer this girls' specialist soccer camp as part of our soccer programmes.

### KEY FACTS

#### LOCATION

London

#### TRAINING GROUNDS

Cobham, Surrey (1 day/week)

Doverhouse Road Playing  
Fields (3 days/week)

#### DURATION

1- 6 weeks

#### START DATES

Soccer

30<sup>th</sup> June

7<sup>th</sup> July

Soccer + English (2 weeks)

30<sup>th</sup> June

#### AGE RANGE

Standard: Girls 12 - 17

Advanced: Girls 13 - 17

Goalkeeping: Girls 12 - 17

### Girls' Development Programme

The programme aims to develop and improve techniques in all areas including technical, physical and psychological aspects of the game. Coaches will use 'best practice' techniques to get the best out of every female player. Participants will have the opportunity, in our seminars, to get a briefing from Chelsea FC's staff in their specialist areas. This programme is only available during first 2 weeks of July.

**English Programme plus Soccer:** 16 hours of soccer training plus 15 hours of English classes per week.

### WHAT IS YOUR LEVEL OF SOCCER?

- **Standard:** For participants who want to learn or practise soccer.
- **Advanced:** For participants who are playing for a club or are highly skilled.

For those participants aged 12 - 17 who want to focus on **GOALKEEPING** training, we offer complementary training according to their level.

### ENGLISH LANGUAGE TEACHING

Our programme is accredited by British Council to guarantee the high quality of service in English classes.

Language tuition uses a fun, participative approach to learning and emphasises spoken language skills within a soccer context. Students receive 15 hours of English lessons per week, in classes of a maximum size of 15 students. Students are tested on arrival, and placed with other students of approximately the same level.

Every Wednesday our teachers will give seminars incorporating video analysis of matches but also they will cover important aspects such as tactics, techniques, nutrition and sport psychology as part of the soccer programme.

**We offer this programme through the following options:**

Residential accommodation or Day Camp

## THE 2-WEEKS PROGRAMME INCLUDES:

- Training 1 day at Chelsea FC Training Ground very own world-class straining facility plus 3 days at Doverhouse Road Playing Fields.
- 15 hours of English classes (if requested).
- Chelsea FC Foundation training kit.
- 1 day transfer to Cobham training facilities.
- Full-board residential accommodation.
- Evening activities every night.
- 3 excursions: 2 half-day (Kingston Upon Thames plus shopping and Stamford Bridge Stadium Tour) & 1 full-day (London Tour).
- Free, supervised internet access.
- Closing presentation & certificate award.

## PROGRAMME FEES

Programme	Course Type	Duration	Residential Price	Day Camp Price
Soccer Programme + Language	Soccer & English	2 weeks	£ 2650	£ 2050
Soccer Programme	Soccer	2 weeks	£ 2450	£ 1850
Soccer Programme + Language	Soccer & English	1 week	£ 1400	£ 1100
Soccer Programme	Soccer	1 week	£ 1250	£ 950
Registration fee	£ 100			
Residential accommodation deposit paid in cash on arrival - <b>Mandatory</b>			£ 150 (reimbursable)	
Medical insurance £ 15 per week. - <b>Mandatory</b>				

- Students doing 1-week programme will have 1 half-day excursion to Stamford Bridge.

- OPTIONAL FEES:**
- Extra night **£ 100**.
  - **Optional** Sunday excursion **£ 35**.

\* Arrivals are on the Sunday prior to the course start date. Departures are on the Saturday.

\*\* It is compulsory to bring the original passport to the camp. The document will be kept by Choices staff.

### AIRPORT TRANSFERS



Choices International Car Transfer Services offer a personal meet and greet service from any airport in London at any time. Your son/daughter will be driven comfortably to the residence.

Prices per person based on one way transfer.

HEATHROW	LUTON/STANSTED	GATWICK	ST. PANCRAS
£ 95	£ 150	£ 125	£ 100

\* Supplement for flight arrivals and departures before 9:00 a.m. and after 9:00 p.m. each way: **£ 50**.

\*\* The first hour of waiting time is free of charge. Extra waiting time charge per 30 minutes.

\*\*\* Flight information must be provided **20 days prior to arrival**.

\*\*\*\* Transfer fees **won't be refunded**: last minute changes will incur an extra cost.



### UNACCOMPANIED MINOR SERVICE

(mandatory always when requested by the airline company)

If your daughter is under 16 years of age and travelling alone (without an adult) we will ensure that a member of our team takes your child to the check-in counter and checks her in for the flight and accompany her to security. If you have pre-arranged Unaccompanied Minor services with the airline, our team member will hand your daughter over to the airline representative. Unless we are notified otherwise, this service will automatically be supplied and invoiced.

PRICE EACH WAY

£ 65